

Lesson 1



Name _____

Converting 12 hour to 24 hour clock times

Directions: At the bottom of this page you will discover a table that we have prepared to help you learn the difference between 12 and 24 hour time. You will discover by looking at the table it is not difficult to convert if you will notice a the pattern. For example anything **prior to 12 noon** is listed by the time of day for the hour and then add the time of the minute hand. If you are looking at 1 o'clock and after just simply add two (2) to the hour and then the minute hand time and you will have the correct time. Please write the answers below in the spaces that we have provided for each question.

<i>12 hour</i>	<i>24 hour</i>	<i>12 hour</i>	<i>24 hour</i>
12:00 midnight		1:00 pm	
2:00 am		2:00 pm	
4:30 am		4:00 pm	
9:00 am		6:00 pm	
10:30 am		10:00 pm	

<i>24 hour</i>	<i>12 hour</i>	<i>24 hour</i>	<i>12 hour</i>
07:00		12:00	
02:00		13:00	
05:30		14:00	
09:00		17:00	
10:00		23:30	

0000 → 12:00 a.m.	1200 → 12:00 p.m.
0100 → 1:00 a.m.	1300 → 1:00 p.m.
0200 → 2:00 a.m.	1400 → 2:00 p.m.
0300 → 3:00 a.m.	1500 → 3:00 p.m.
0400 → 4:00 a.m.	1600 → 4:00 p.m.
0500 → 5:00 a.m.	1700 → 5:00 p.m.
0600 → 6:00 a.m.	1800 → 6:00 p.m.
0700 → 7:00 a.m.	1900 → 7:00 p.m.
0800 → 8:00 a.m.	2000 → 8:00 p.m.
0900 → 9:00 a.m.	2100 → 9:00 p.m.
1000 → 10:00 a.m.	2200 → 10:00 p.m.
1100 → 11:00 a.m.	2300 → 11:00 p.m.