

YOUR NAME

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	
1																		
2	Make a Sandwich containing 205 calories									Make a Sandwich containing 240 calories								
3																		
4	Item	Ingredients	Calories							Item	Ingredients	Calories						
5	1									1								
6	2									2								
7	3									3								
8	Total		0							Total		0						
9																		
10	Choose from the ingredients listed below									Choose from the ingredients listed below								
11																		
12																		
13																		
14																		
15																		
16																		
17																		
18																		
19																		
20																		
21																		
22																		
23	Make a Sandwich containing 155 calories									Make a Sandwich containing 190 calories								
24																		
25	Item	Ingredients	Calories							Item	Ingredients	Calories						
26	1									1								
27	2									2								
28	3									3								
29	Total		0							Total		0						
30																		
31	Choose from the ingredients listed below									Choose from the ingredients listed below								
32																		
33																		
34																		
35																		
36																		
37																		
38																		
39																		
40																		
41																		
42																		